**Team Sports**

Physical Education grade will be determined by participation (50%), written tests (25%), team participation (20%) and Policies and Guidelines (5%)

Teams games will include but not limited to: Badminton, Table Tennis, Pickleball, Racquetball, Floor Hockey, Team Handball, Indoor Soccer, Softball/Whiffleball, Volleyball, Basketball, Flag Football……..

Each Sport Unit will last about 6 weeks

**Daily Schedule for Team Sports**

5 minutes Attendance

15 minutes Warm-up Activities

20 minutes Game

10 minutes Clean-up and Shower

**Warm-up Activities**

Let the Cards Decide